

# PLANNING A HEAD... DISCUSSIONS WITH TEACHERS A HEAD OF THEIR FIRST DAY

## Get a head start

- Ask for access to your child's schedule
- Consider getting a second set of books to keep at home
- Review any individualized education programs (IEPs) or 504 Plans that are in place
- Discuss daily homework expectations—your child may need extra help to meet the demands of the planned assignments and/or may need extra time for tests
- Plan how you and the teacher will communicate throughout the school year



Actor portrayals.

## Have regular conversations with your child's teachers

Below are some questions that offer a good place to start. Each child is individual and may have additional needs or considerations, but these questions can help start the dialog:

1. How can I help my child organize homework and get assignments completed on time?
2. Is there a possibility of breaking assignments down into smaller, more manageable steps?
3. Can we arrange to have the school counselor/psychologist provide support in addition to the services already provided?
4. Is there extra work you would suggest I do with my child after school or on weekends to help?
5. Do you think a change in seating would benefit my child?
6. Are there school situations where my child's symptoms seem to worsen/improve?